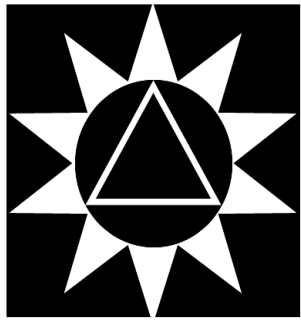




THE BENDER

CBIA, 3833 S. Staples Suite S-212, Corpus Christi, TX 78411 (361) 992- 8911 or Toll Free 1 (866) 672-7029 www.cbiaa.org

*"When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that I am responsible."**



The Victoria - Golden Slippers Group meets at **Our Lady of Victory Cathedral Center** (3102 N. Laurent in Victoria) at **9:00 AM** on **Saturdays** for Big Book study.



The Weber Road Nooners Group began in a stone-front ranch-style house next to Popeye's at the corner of Weber Road and Golihar in February of 1990. In 1993, they moved to **Travis Baptist Church** (5802 Weber Road at Schanen where they still meet). They have **noon** meetings **Monday through Saturday**. They also have meetings at **10 AM** on **Saturday** and at **5:30 PM** on **Tuesdays** and **Thursdays**. They celebrate sobriety **birthdays on the First Monday** of each month for the previous month's birthdays. They have special holiday meetings at 10:00 AM on major holidays which are announced in the Bender.

Acceptance

One of the reasons I drank is that reality was entirely too much for me. Alcohol took the sharp, painful edge off reality and allowed me to ignore facts that contradicted my fantasies. Alcohol allowed me to believe my own spin. I actually believed that if I was not on time, but I had a good excuse, then I was not really late. My idea was to “exclude” from my mind anything I judged unacceptable. I thought my drinking was acceptable as long as I didn’t become an alcoholic. The British poet, Dylan Thomas once said “An alcoholic is someone I don’t like who drinks like I do.” (*Did I mention that he died of alcoholism in 1950?*)

In the end, pretending I was not an alcoholic had become a full time job. By that time alcoholism had taken over my life. I wrapped my bottles in newspaper so they wouldn’t clink in the trash. I went to three or four liquor stores so the sales clerks wouldn’t think I was an alcoholic. I worked hard at coming up with what I thought was a credible spin on my drinking. I claimed I never drank in the morning. If I was still drinking when the sun came up, that was really the tail end of yesterday. If I went to brunch before noon, that was brunch, not morning, and besides a Bloody Mary, a Screwdriver, or a Mimosa is a breakfast beverage. I limited myself to two drinks. In the end that meant two tumblers of chilled vodka without ice. I have learned that what you resist persists.

When I heard people at my first meeting introduce themselves as “grateful recovering alcoholics,” I thought, “Give me a freaking break.” Ending up an alcoholic in AA seemed like the most horrible thing that had ever happened to me. The first step only required me to admit (*or concede*) that there was no hope of me controlling my drinking or successfully managing my own life. I didn’t have to like it and I didn’t. I didn’t have to be at peace with it and I wasn’t. I just had to admit it.

One of the “deacons” in my original home group in Connecticut was fond of saying that the short form of the Serenity Prayer is “It is what it is.” When I began to embrace being an alcoholic and take on doing what one needs to do to be responsible for the disease (*“Don’t drink and go to meetings” comes to mind, along with getting a sponsor and working the steps*). I began to have freedom from the bondage of alcohol. What I thought was the horrible end of my drinking career was really the beautiful beginning of a new life in sobriety. I could accept that. I could be at peace with that. I have come to realize there is no shame in being an alcoholic. The shame is in not accepting it and taking responsibility for it.

With any problem, I am spinning my wheels in the sand until I accept the way things are. Moreover, all of my emotional upsets are caused by my assessment that things shouldn’t be they way they are. It’s more useful to forgo the assessment and the upset and accept that it is what it is. Then, with the help of God and the program, I can do something constructive about it. One of the best ways to prevent relapse is to be a happy alcoholic (*a grateful heart doesn’t drink*). I always thought I would be happy when I had the right relationship, the right job, the right house, the right car, etc. AA has taught me that happiness doesn’t come from getting what I want; it comes from accepting and appreciating what I already have.

~ Rob M. (2.24.1985) Weber Road Nooners Group, Corpus Christi, TX

MINUTES

CBIA BOARD OF TRUSTEES MEETING

January 13th 2020

I. OPENING:

- **Terry** opened the meeting with the Serenity Prayer at **6:10 PM**.
- **Ron** read the **CBIA Mission Statement**
- **Gail** read the **General Warranties**
- **Barb** read the **12 Traditions**

II. ATTENDANCE:

- **Terry M.** (*Chair*), **Gail B.** (*Vice Chair*), **Linda K.** (*Financial Trustee*), **Enrique M.** (*Trustee*), **Ron S.** (*Trustee*), **Anita C.** (*Trustee*), **Barb C-S.** (*Trustee*), **Judy M.** (*Trustee*), and **Rob M** (*Office Manager*) were present.
- **Ann B.** (*Trustee*), **Harry B.** (*Trustee*), **Rosa T.** (*Trustee*), and **Kelly J.** (*Asst Office Manager*) were not present

III. MINUTES:

- Minutes of the Board Meeting of December 9th were reviewed.
 - **Enrique** moved to approve the minutes as read. **Gail** seconded. Motion carried.

IV. FINANCIAL REPORTS:

- **Linda** (*Financial Trustee*) presented the **December Financial Report**.
 - **Balance Sheet:** Total CBIA funds as of **December 31st** totaled **\$19,349.41** ; **\$50.00** in Petty Cash; **\$774.36** in Checking; **\$15,616.98** in Prudent Reserve and **\$2,908.07** in the Jamboree Account.
 - **Profit & Loss** for the month of **December:** Group & Individual Contributions **\$704.57**; Gross Sales (*Books, Chips & Medallions*): **\$1,139.75** (*less Cost of Goods Sold \$830.99*); Gross Gain for the month was **\$593.33**; Total Expenses were **\$2,637.12**; Interest Income was **\$1.95** for a Net Loss of **\$2,091.84** for the month. (*NOTE: \$50 Misc. Income & \$50 Other Expense was a group check for the scholarship fund made payable to CBIA – not CBJ*).
 - **Profit & Loss** for the year of **2019:** Group & Individual Contributions **\$17,450.67**; Jamboree Contribution to CBIA: **\$14,512.69**; Revenue from Social Events: **\$996.94** (*less cost of Social Events: \$1,700.00*) Gross Sales (*Books, Chips & Medallions*): **\$14,164.75** (*less Cost of Goods Sold \$10,065.54*); Gross Gain for the year was **\$35,409.51**; Total Expenses were **\$37,932.71**; for a Net Loss of **\$2,559.04** for the year.

V. **ELECTIONS: New Chair and Vice Chair** (Last Act of Outgoing Chair).

- **New Chair: Gail B.** (*Victoria – Unity Group*)

- New Vice Chair: **Enrique M.** (CC – Weber Road Nooners Group)

V. **SERVICE AREA ASSIGNMENTS (First Act of New Chair):**

- **12th Step** – **Judy M.** (Goliad – Open Arms Group)
- **Archives:-** **Gail B.** (Victoria – Unity Group)
- **Bilingual:** **Enrique M.** (CC – Weber Nooners Group)
- **Coastal Bender:** **Anita C-B.** (CC – New Phoenix Group)
- **Corrections/Treatment Facilities:** **Linda K.** (Kingsville – AL-K Group)
- **Jamboree:** **Harry B.** (AP – Aransas Pass Group)
- **Nominations:** **Open** (On Hiatus until July)
- **Public Information/Cooperation with Professional Community:** **Barb C-S.** (CC – New Women's Group)
- **Social:** **Anita C-B.** (CC – New Phoenix Group)

VII. **OFFICE REPORT:**

- Office Update – **Rob** said he had nothing to report.

VIII. **OLD BUSINESS:**

- **None.**

VIII. **NEW BUSINESS:**

- **None**

IX. **NEXT MEETING:**

- Next CBIA Board of Trustees meeting will be on Monday b
- February 10th at 6:00 PM in the CBIA Office.

X. **NEXT QUARTERLY MEETING:**

- Next CBIA Quarterly Association meeting is scheduled for 6:00 PM on Monday January 27th at All Saints Episcopal Church (3026 S Staples). We will meet in the Oratory off the Labyrinth.

XI. **CLOSING:** Our Father.

- **Barb** moved to adjourn.
- **Enrique** seconded. Motion carried.
- **Gail** closed the meeting with prayer at **7:07 PM.**

Respectfully submitted,

Rob M.

Office Manager

MINUTES

Coastal Bend Intergroup Quarterly Meeting January 27th 2020

I. OPENING: (6:00PM)

- **Gail** opened the meeting with the Serenity Prayer at **6:05 PM**.
- **Kelly** read the **CBIA Mission Statement**
- **Carolyn** read the **General Warranties**
- **Katrina** read the **12 Traditions**

II. ATTENDANCE:

- **Gail B. (Chair)**, **Linda K. (Financial Trustee)**, **Barb C-S. (Trustee)**, **Judy M. (Trustee)**, **Rob M (Office Manager)** and **Kelly J. (Asst Office Manager)** were present.
- **Carolyn C. (IGR-Weber Nooners)**, **John K. (IGR-Cullen Mall)**, **Katrina M. (IGR-New Women)** and **Liz L. (IGR-Turning Point)** were also present.
- **Anita C-B. (Trustee)**, **Enrique M. (Vice Chair)**, and **Harry B. (Trustee)** were not present.

III. MINUTES:

- Previously-approved minutes of **Quarterly Meeting of October 28th** were reviewed.
- Minutes of the Board Meeting of January 13th were reviewed.
 - **Barb** moved to approve the minutes as read. **Judy** seconded. Motion carried.

IV. FINANCIAL REPORTS:

- **Linda (Financial Trustee)** presented the previously-approved **December Financial Report:**
 - **Balance Sheet:** Total CBIA funds as of **December 31st** totaled **\$19,349.41** ;
\$50.00 in Petty Cash; **\$774.36** in Checking; **\$15,616.98** in Prudent Reserve and **\$2,908.07** in the Jamboree Account.
 - **Profit & Loss** for the month of **December:** Group & Individual Contributions **\$704.57**; Gross Sales (*Books, Chips & Medallions*): **\$1,139.75** (*less Cost of Goods Sold \$830.99*); Gross Gain for the month was **\$593.33**; Total Expenses were **\$2,637.12**; Interest Income was **\$1.95** for a Net Loss of **\$2,091.84** for the month. (*NOTE: \$50 Misc. Income & \$50 Other Expense was a group check for the scholarship fund made payable to CBIA – not CBJ*).
 - **Profit & Loss** for the year of **2019:** Group & Individual Contributions **\$17,450.67**; Jamboree Contribution to CBIA: **\$14,512.69**; Revenue from Social Events: **\$996.94** (*less cost of Social Events: \$1,700.00*) Gross Sales (*Books, Chips & Medallions*): **\$14,164.75** (*less Cost of Goods Sold \$10,065.54*); Gross Gain for the year was **\$35,409.51**; Total Expenses were **\$37,932.71**; for a Net Loss of **\$2,559.04** for the year.

VI. THANKING OUTGOING TRUSTEES **Gail (Chair)**

- **Gail** thanked the four outgoing trustees for their service.
 - **Terry M. (Chair and Coastal BENDER Trustee and PI/CPC Trustee) Portland – Jaywalkers Group.**
 - **Ann B. (Nominations Trustee) – AP – Aransas Pass Group**
 - **Ron S. (12 Step Helpline Trustee) CC- Fifth Tradition Group**
 - **Rosa T. (Social Trustee) CC-New Phoenix Group**

VI. SERVICE AREAS – Introduction of new Trustees:

- **12th Step:** **Judy M.** (*Goliad - Open Arms Group*).
- **Archives:** **Gail B.** (*Victoria – Unity Group*) said she displayed CBIA archives at the Jamboree.
- **Bilingual:** **Enrique M.** (*CC – Weber Nooners Group*) was not present.
- **Coastal Bender:** **Anita C-B.** (*CC – New Phoenix Group*) was not present.
- **Corrections/Treatment Facilities:** **Linda K.** (*Kingsville – AL-K Group*) said she has been taking a meeting to the Glossbrenner Unit in San Diego for the past 16 years. She said the Area 68 Corrections Facilities Conference will be held February 21-23 at the Emerald Beach Hotel in CC. She said registration for the Conference is \$15. The 4-hour TDCJ training required to attend meetings in corrections facilities is free. People can attend the state training without registering for the conference. The Conference Host Committee will meet at 9:30 AM on Saturday February 1st and 15th at the Pass It on Club in Calallen.
- **Jamboree:** **Harry B.** (*A.P. – Aransas Pass Group*) was not present. Rob said 641 people attended the 2020 Coastal Bend Jamboree. Both registrations and hotel rooms associated with the conference were down from previous years. He said the South Padre Jamboree in the Rio Grande Valley and the Southeast Texas Area 68 Conference in Houston were both held the same weekend so we did not draw people from the Valley or from Houston as in the past. This is likely to reduce revenue from the Jamboree.
- **Nominations:** **Open** (*This is on hiatus until July when we begin looking for qualified people to stand for Trustee in October.*)
- **Public Information/Cooperation with Professional Community:** **Barb C-S.** (*CC – New Women's Group*).
- **Social:** **Anita C-B.** (*CC- New Phoenix Group*) was not present.

VII. OLD BUSINESS:

- **None.**

VIII. NEW BUSINESS:

- **Liz** proposed that the board consider **Trustee Visits to Groups** for discussion at next board meeting. **Gail** agreed to include it in the Agenda.

IX. NEXT MEETINGS:

- Next **CBIA Board of Trustees Meeting** will be Monday **February 10th** at 6:00 PM in the CBIA Office.
- Next **CBIA Quarterly Association Meeting** is scheduled for 6:00 PM on Monday **April 27th** at All Saints Episcopal Church (*3026 S Staples*).
-

X. CLOSING: Our Father.

- **Carolyn** moved to adjourn. **Katrina** seconded. Motion carried.
- **Gail** closed the meeting with prayer at 6:50 PM.

Respectfully submitted,

Rob M.

Office Manager



Bender Bits & Pieces



Special Events

District 8E Step 1, 2 and 3 Workshop (March 14th in CC) *

District 8E is hosting a workshop on **Steps 1, 2 and 3** from **2 to 4 PM** at the **Anchor Club** (320 Anchor in Corpus Christi's Flour Bluff). (See flier.)

Flour Bluff Unity Group Chili Cook-Off (March 14th in CC) *

The **Flour Bluff Unit Group** is hosting a **Chili Cook-Off** at **5:00 PM** on **Saturday March 14th** at the **Anchor Club** (320 Anchor Street in Corpus Christi's Flour Bluff). (See flier.)

SWTA 68 Pre-GSC Assembly (March 27-29th in SA) *

The **Area 68 Pre-General Conference Assembly** will be held **March 27-29th** at the **Hilton Double Tree Airport Hotel** (I37 at NE 410 in San Antonio) Book early to get the hotel conference rate of **\$115** plus taxes per night. (See flier.)

Sunset 7 – Day of AA in Corpus Christi (April 18th in CC) *

The **Sunset 7 Group** presents the 23rd Celebration of **A Day of AA in Corpus Christi** on **Saturday, April 18th** from **9 AM to 10 PM**. This popular event will again be held at **St. John's United Methodist Church** (5300 S. Alameda in Corpus Christi). Speakers, meetings, lunch, music, a sober skit, a raffle and a silent auction will be included. (See flier.)

2020 Texas State Convention (June 12-14, 2020 in Fort Worth) *

The 74th annual Texas State Convention will be held on June 12th – 14th at the Hilton Fort Worth Hotel (815 Main Street in Fort Worth). (See flier.) More information at www.txaaconvention.org .



Bender Bits & Pieces



2020 International Convention *(July 2-5, 2020 in Detroit, MI)*

Every five years AA has an international convention. The next one will be in Detroit, MI July 2nd thru July 5th, 2020. The four-page registration form provides a wealth of information about the conference, the city and the registration and hotel reservation process. Forms are available in the intergroup office and at some meetings. The registration form is available at the CBIA office and some meetings. On-line registration started on September 9th at www.aa.org. You must register in order to make a hotel reservation at the conference rate. A limited number of hotel rooms have been set aside for this convention.



Bender Bits & Pieces



Service Opportunities

Volunteers Needed to Carry the Message in Corrections Facilities

Volunteers are needed to carry the message to alcoholics in corrections facilities. You must be at least 18 years old and not been in trouble with the law (*arrested, incarcerated, pending, etc.*) for at least 18 months.

SATF – Corpus Christi (*See attached application to sponsor at SATF*) *

- **Attend Meetings** to support separate men's and women's meetings at 8:00 PM on alternate Fridays. (NA provides meetings every other Friday.) (New development: prior clearance is now required to attend meetings at SATF.)
- **Activity Sponsors** take people to meetings once a week or so. (*Minimum one year sober and prior clearance*).
- **Step Sponsors** work the steps with people. (Minimum two years sober and prior clearance.)

Avalon (Formerly Reality Ranch) – Corpus Christi

- **Attend Meetings** to support a men's meeting at 8:00 PM every Sunday. (*Prior clearance is required*).

Live Oak County Jail – George West

- **Attend Meetings** to support a men's meeting at 7:00 PM every Wednesday. (*Prior clearance is required*).

If you are interested in any of these service opportunities, call the CBIA Office (361) 992-8911 during business hours (*M-F 7:30 – 11:30 AM and 1:30 – 5:30 PM*)

Where clearance is required, provide us your full name, as it appears on your driver's license, your driver's license number and state and state of issue at least 3 weeks prior to service. You must also indicate which specific meeting(s) you plan to attend.

To volunteer in state prison facilities, you must complete a Department of Criminal Justice training session. This training is very helpful for people who volunteer in any corrections facility, but it is a prerequisite for state jails and prisons. The training is offered in state facilities in Beeville and elsewhere.



Bender Bits & Pieces



Service Opportunities (Continued)

Helpline / 12 Step List

The Helpline is staffed by volunteers who are making sure that the hand of AA is available 24 hours a day in the Coastal Bend area by answering the phones overnight (5 PM to 8 AM) and on weekends (8 AM Saturday to 8 AM Sunday; or 8 AM Sunday to 8 AM Monday). A minimum of six months sobriety is required to answer the phones. The helpline is pretty well staffed at present.

If someone needs help beyond meeting information, the helpline passes them to someone on the 12-Step List for a longer conversation and maybe a visit to discuss how to get sober and stay sober. A minimum of two years sobriety is required to be on the 12-Step List. We can always use more people on the 12-Step List. We especially need people (*particularly women*) in the surrounding area (*like Beeville and Alice*). If you would like to be on the 12-Step List or on the Helpline, call Rob or Kelly at the CBIA Office (361) 992-8911 or (866) 672-7029.

Local Stories Wanted for the BENDER

Consider writing your recovery story or an article on an AA topic for publication in this newsletter. Submit your article to cbia@grandecom.net in a Word document or similar format.

Area CFC Conference – Host Committee Wrap-Up (Saturday, March 7th in CC)

The post conference wrap up for the **Host Committee** for the **Area CFC Conference** will be held at **9:30 AM** on Saturday **March 7th** at the Calallen **Pass It On Club** (*in the Hilltop Community Center at 11425 Leopard in Corpus Christi*).



Bender Bits & Pieces



Coastal Bend Area District Meetings

District 7 (Saturday April 18th in Victoria)

District 7's next meeting will be on Saturday **April 18th** at **9:00 AM** at **Christ the Victor Lutheran Church** (202 Stanly in Victoria).

District 8C (Kingsville Area)

District 8C does not currently have a DCM and no district meetings are scheduled at this time.

District 8D Next Meeting (Saturday, March 21st in CC)

District 8D's next meeting will be at **2:00 PM** on Saturday, **March 21st** at **New Phoenix** (5433 S. Staples Suite H in the Boardwalk in Corpus Christi).

District 8E (Saturday March 7th in CC)

District 8E will meet at **1:30 PM** on Saturday, **March 7th** at the Calallen **Pass It on Club** (in the Hilltop Community Center at 11425 Leopard in Corpus Christi).

District 15 (Saturday, March 21st in Portland)

District 15's next district meeting will be at **2:00 PM** on Saturday, **March 21st** at **The Trident Club** (822 Denver in Portland).



Bender Bits & Pieces



Meeting Changes

Discontinued Meeting

New Attitude (Fridays in CC) (2)

The **New Attitude Group** has discontinued its **Newcomers Literature Study** meeting at **6:00 PM** on **Fridays** in the **Saint Theresa Building** at **St. Philip the Apostle Catholic Church** (3513 Cimarron in Corpus Christi). The Church was not consistently available on Friday evenings. The group continues to meet on Mondays and Wednesdays at 6:00 PM in the same facility.



Bender Bits & Pieces



Save the Dates

*(Future Events - Fliers included for events flagged with an *.)*

(Fliers are on the area website aa-swta.org if flagged with an @.)

(Fliers / Registration available on aa.org if flagged with a #.)

(Fliers / Registration available at <https://60th.icypaa.org> if flagged with an &.)

District 8E Step 1, 2 and 3 Workshop *(March 14th in CC) **

Flour Bluff Unity Group Chili Cook-Off *(March 14th in CC) **

SWTA 68 Pre-GSC Assembly *(March 27-29th in SA) **

Sunset 7 – Day of AA in Corpus Christi *(April 18th in CC) **

2020 Texas State Convention *(June 12-14, 2020 in Fort Worth) **

2020 AA International Convention *(July 2nd - 5th, 2020 in Detroit, MI)*

AA Meeting Schedules for Our Area

For current AA meeting schedules for areas serviced by the Coastal Bend Intergroup, visit our website cbiaa.org - printable schedules.

AA Meetings in Corpus Christi *

AA Meetings in CC Surrounding Area *

AA Meetings in Victoria & Surrounding Area *

Coastal BENDER Mission Statement

Our primary purpose is to carry the AA message to the still suffering alcoholic. A secondary purpose of **The Bender** is to keep the CBIA Area of South Texas informed as to the events, meeting changes, Board of Trustee actions / decisions, and other news of interest to AA's in the area. Finally, as a newsletter we provide a forum for the broad spectrum of views held by our members. Publication of any article submitted will be at the discretion of the Bender Editor as advised by the CBIA Board. A controversial subject, as long as it does not concern an outside issue and involves principles and not personalities, will be considered for publication. As a general guideline, any letter or article that is of interest to members of AA and in good taste is worthy of publication. However, an article or letter that advocates ignoring or violating the Traditions, Concepts, or General Service Conference actions will not be considered for publication. All decisions will be made under the direction of God as expressed through our group conscience.



Michael S.	Hilltoppers	03/01/1989	31 Years
Ramon M.	New Life Group	03/03/1981	39 Years
Walter B.	Just for Today	03/03/1983	37 Years
John W.	Weber Nooners Group	03/04/2000	20 Years
Kelly J.	New Phoenix Group	03/04/2006	14 Years
Connie C.	Weber Nooners Group	03/06/1985	35 Years
Milt Y.	Hilltoppers	03/09/1989	31 Years
Rogers B.	Turning Point	03/09/1998	22 Years
Rita S.	Oso Group	03/13/1977	43 Years
Lenny G.	Rockport Fellowship	03/17/1982	38 Years
Joe C.	Hilltoppers	03/18/1981	39 Years
Mary C.	Turning Group	03/22/1992	28 Years
Ann F.	Fifth Tradition Group	03/26/1976	44 Years
Steve S.	Rockport	03/27/2008	12 Years
Leah S.B.	Sunset 7	03/30/2006	14 Years

January 2020

YTD

12 Step Calls

5

5

Intergroup Meetings

CBIA Board of Trustees Monthly Meeting will be held Monday March 9th at 6:00 PM in the CBIA Office (3833 S. Staples, Suite S-212).

CBIA Quarterly Association Meeting will be held Monday April 27th at 6:00 PM at All Saints Episcopal Church (3026 S. Staples in CC).

District Meetings

See Bits & Pieces section for information on district meetings in the Coastal Bend area:

District 7 (Victoria Area)

District 8D (Corpus Christi Area)

District 8E (Corpus Christi Area)

District 15 (Portland, Port A, AP, Rockport Area)

Group Announcements

New Phoenix Group Conscience is held the last Sunday of the month at 1:15 PM. **Birthday Night** is first Saturday of the month at 8:00PM. (5433 S. Staples, Suite F in The Boardwalk.)

Hilltoppers Group Conscience is the 1st Tuesday of the month following the Noon meeting. (First United Methodist Church, 900 S. Shoreline Dr., Room 244)

Weber Road Nooners Group Conscience is held the 1st Saturday of each Quarter (Jan/Apr/Jul/Oct) following the 10:00AM meeting. **Birthdays** are celebrated the first Monday of each month at noon. (Travis Baptist Church, 5802 Weber Road at Schanen, park in rear, meeting upstairs.)

Calallen Group Conscience is held the 3rd Wednesday of each month following the 6:30PM meeting. **Birthday Night** is the 1st Saturday of the month. (Potluck at 6:30PM, Meeting at 8:00PM). (Pass it on Club, 11425 Leopard (Hilltop).

Flour Bluff Unity Group Conscience is held the 2nd Sunday of each month at noon. **Birthday Night** is the 1st Saturday of the month with **Potluck Supper** at 7:00 PM and **Birthday Meeting** at 8:00PM at The Anchor Club (320 Anchor St. in CC).

Turning Point Group Conscience is held the 1st Wednesday of each month. **Birthday Meeting** is last Saturday of the month.

Group Contributions

GROUP NAME	FEB 2019	YTD 2020
Alice Group		
Anonymous/Individual Contribution		
Aransas Pass Group		
Beeville-Freedom Group		
Beeville-Hope Group		
Beeville-Serenity Group		
Beeville-Shepherd's Group		
CC-Alanos		
CC-Bookmarks Group		
CC-Calallen Group		
CC-Clean & Serene Group		
CC-Crosstown Group		
CC-Cullen Mall Group		
CC-Day of AA		
CC-Early Morning Fellowship		
CC-Fellowship Group at Charlie's Place		
CC-Fifth Tradition Group		
CC-Flour Bluff Unity Group		
CC-Free Thinkers Group		
CC-Friday Night Speaker Meeting		
CC-Grace at 7		
CC-Happy Hour Meeting		
CC-Hilltoppers Group		95.60
CC-Humility Group		
CC-Just for Today Group		
CC-Lucky Ones		
CC-Mountain Toppers		
CC-New Attitude Meeting	173.79	173.79
CC-New Life Group	10.00	20.00
CC-New Phoenix Group	25.50	37.50
CC-New Women's Group		
CC-Oso Group		93.21
CC-Primary Purpose		
CC-Rodd Field Group		
CC-Saratoga Group		
CC-Sunset 7 Group (N Padre Island)		1,143.38
CC-Turning Point Group		
CC-Weber Road Nooners Group		804.00
District7		
Falfurrias-2nd Chance Group		
Goliad-Open Arms Group		
Hallettsville Group	25.00	25.00
Karnes City-Mayfield Group		
Kingsville-AL-K Group		
Moulton Group		
Mathis -Crossroads Group		
Port Aransas Group		400.00
Port Lavaca Group		
Port O'Connor Group		
Portland -Jaywalkers Group		
Portland -Nueces Bay Group		
Quarterly Meeting 7 th Tradition	20.00	20.00
Riviera-SASTO Group		
Robstown Desire Group		
Rockport-Anything Goes Group		
Rockport-Happy Hour Group	120.00	120.00
Rockport-Fellowship Group		
Schulenburg Group		
Sinton-Grupo Secunda Chanza		
Skidmore Group		
Three Rivers-Choke Canyon Group		
Victoria-Airport Group		
Victoria-Back to Basics Group		
Victoria-For Sinners Only Group	15.00	15.00
Victoria-Golden Slippers		25.00
Victoria-High Nooners Group		
Victoria-Main Stream Group		
Victoria-Men's Group		
Victoria-Unity Group		
Victoria-Women's Group	10.00	10.00
Yorktown Group	70.00	70.00
TOTAL	469.29	3,152.48

Addresses for Group Contributions for 2019-2020

Coastal Bend Intergroup (Suggested 50% *)

CBIA

3833 S. Staples Suite S-212
Corpus Christi, TX 78411

Districts (Suggested 10% *)

District 7 Treasurer

P.O. Box 5324
Victoria, TX 77903

District 8D Treasurer

P.O. Box 61135
Corpus Christi, TX 78466

District 8E Treasurer

% Dina P.
6013 Liptonshire Drive
Corpus Christi, TX 78415

District 15 Treasurer

% Mike L.
511 Gulf
Port Aransas, TX 78373

Area 68 Southwest Texas (Suggested 10% *)

SWTA 68 Treasurer

P.O. Box 716
Bastrop, TX 78602

General Service Office (Suggested 30% *)

GSO

P.O. Box 459
New York, NY 10163-0459

“* Suggested percentages are from AA Pamphlet F-3, **SELF-SUPPORT: Where Money and Spirituality Mix** (Available on our web site: cbiaa.org under DONATE). Group Contributions are always at the discretion of the group conscience.

Coastal Bend Intergroup Association

Mission Statement

The mission of the Coastal Bend Intergroup Association is to provide the vital first contact to the alcoholic seeking help. The CBIA office must be maintained for the benefit of those still suffering. Of primary importance to this goal, the CBIA Office is to

- Establish a 24-hour help-line;
- Print meeting schedules; and
- Maintain a 12-Step list

whereby AA groups and individuals are enabled to conduct 12-Step calls which are essential to the growth of AA in the Coastal Bend area.

Services Provided

1. Maintains an office which is open Monday through Friday from 7:30 to 11:30AM and 1:30 to 5:30PM.
2. Provides information and referrals for A.A. inquiries.
3. Maintains a 12 Step listing and calls individuals for 12 Step work.
4. Provides an A.A. listing in the Telephone directory.
5. Provides a 24 hour volunteer phone answering during hours when the office is closed.
6. Publishes meeting schedules of all groups in the Coastal Bend Area at no charge.
7. Publishes a monthly newsletter, the "Coastal Bender", to keep A.A. members informed of local A.A. affairs and special events.
8. Purchases and sells "CONFERENCE APPROVED' literature, and non-conference approved Anniversary Medallions, Sobriety Chips.
9. Conducts monthly Trustee meetings. All members of Alcoholics Anonymous are welcome at these meetings and Group Input is essential.
10. Conducts Quarterly Meetings to keep groups apprised of Intergroup activities, and to seek group participation in CBIA affairs.
11. Maintains service committees for service work in the Coastal Bend Area.

Asociación Inter-grupo de la Zona Costera

Declaración de Principios

La misión de la asociación inter-grupo de la zona costera es proveer el primer contacto vital al alcohólico en busca de ayuda. La oficina de AIZC [siglas en español, en inglés CBIA], se mantiene para el beneficio de aquellos que siguen sufriendo. Para cumplir con esta tarea tan importante la oficina de CBIA debe:

- Establecer una línea de ayuda las 24 horas
- Imprimir los horarios de las reuniones de AA
- Mantener una lista con los 12 Pasos

Con lo cual Grupos de AA e individuos puedan conducir llamados de los 12 Pasos, esenciales en el crecimiento de AA en la Zona Costera.

Servicios Prestados

1. Horario de oficina, lunes a viernes de 7:30 a 11:30AM y de 1:30 a 5:30PM.
2. Provee información y referencias sobre A.A. .
3. Mantiene una lista de los 12 Pasos y listado de personas para trabajar los 12 pasos.
4. Provee un listado de A.A. en el directorio telefónico.
5. Provee servicio de voluntarios contestando llamadas las 24 horas mientras la oficina esta cerrada.
6. Publica los horarios de todos los grupos en el área costera sin costo.
7. Publica una hoja informativa, la "Coastal Bender", para mantener a los miembros de A.A. informados de los acontecimientos locales y de los eventos especiales A.A..
8. Compra y venta de literatura "Aprobada en Conferencia" ('CONFERENCE APPROVED'), y mercancía no aprobada como Medallones de Aniversario y Monedas de Sobriedad.
9. Conduce reuniones mensuales de fideicomisarios. Todos los miembros de Alcohólicos Anónimos son bienvenidos a estas reuniones asimismo es importante contar con su opinión.
10. Conduce Reuniones cada cuatro meses para evaluar a los grupos en actividades Inter-grupo y para buscar que participen en cuestiones de la CBIA.
11. Mantiene comités de trabajo para servicio en el área de la zona Costera.

Los Grupos Hispaños

HORARIO

(Rev. 3.1.2019)

Grupos en Corpus Christi

- **Grupo Nueva Esperanza** (552 Old Robstown Road, Corpus Christi) **8:00 De la Noche** (todos los dias).
- **Grupo Primer Paso** (1635 18th Street, Corpus Christi) **8:00 De la Noche** (Miercoles); **Mediodia** (Sabado).
- **Grupo Serenidad** (408 Brownlee, Corpus Christi) **8:00 De la Noche** (Martes y Domingo);
- **Grupo Tres Legados** (1019 S. Port, Corpus Christi) **8:00 De la Noche** (Lunes, Martes, Miercoles y Jueves);

Grupo en Flatonia

Grupo Flatonia (208 E. North Main Street, Flatonia) **7:00 De la Noche** (Jueves)

Grupo en Kingsville

Grupo Un Dia a La Vez (819 N. 3rd, Kingsville) **7:00 De la Noche** (Miercoles)

Grupo en Moulton

Grupo Moulton (301 N. Hackberry, Moulton) **7:00 De la Noche** (Lunes)

Grupo en Port Lavaca

Grupo Nuevo Amanecer (213 E. Austin, Port Lavaca) **7:00 De la Noche** (Lunes, Miercoles y Viernes)

Grupo en Schulenberg

Grupo Schulenberg (901 Kallus, Schulenberg) **7:00 De la Noche** (Domingo)

Grupo en Sinton

Grupo Segunda Chance (215 Sodville, Sinton) **8:00 De la Noche** (Martes y Viernes)

Free e-Mail Subscription to the BENDER and BITS & PIECES**NAME:** _____.**e-MAIL:** _____.

Easy ways to sign up for our two monthly publications:

- Send an email with the above information to cbia@grandecom.net with the caption "ADD TO BENDER DIST."
- Detach and mail to or drop off this form at the CBIA Office, 3833 S. Staples Suite S-212, Corpus Christi, TX 78411.

Detach here.

Detach here